

Dorset prepared

- home emergency action plan



If your life or property is in immediate danger or a crime is taking place, **immediately call 999**

If it's not safe to go out

Go indoors

Close all windows and doors to maintain security and keep the warmth in. At night or in hot weather close the curtains.

Stay indoors

Keep you and your loved ones together and safe.

Stay connected

If there is power, keep tuned to the national or local news via TV or radio.

If the power has failed: A battery operated radio with spare batteries, a wind-up radio and the car radio will continue to work. BBC Radio 2 and BBC Radio 4 will provide continuous news updates, even in a national power outage. FM frequencies for:

BBC Radio 2 - 88.2, 88.3, 88.4 FM

BBC Radio 4 - 92 - 95, 103 - 105 FM

FIRE FM - 107.6 FM

If you must leave home to get help or to check on vulnerable family and neighbours

Stay in touch - via mobile phone (number): _____

Tell someone where you are going, how long this should take, what time you will be back.

If you need to evacuate your home, know your destination before you leave

Local community hub at: _____

Pre-arranged meeting place at: _____

***If you need to evacuate, take your Home Emergency Grab Bag with you**

Important numbers: For all risk to life emergencies dial 999

Dorset Police	101	Power outage	105
Fire and Rescue Service	01722 691000	Electrical emergency	0800 40 40 90
NHS	111	Dorset Council	01305 221000
Anti-terror hotline	0800 789 321	BCP Council	01202 123456
Environment Agency	0345 988 1188	Flood Action Group	
Gas emergency	0800 111 999	Water provider	
Doctor		Childcare	
Dentist		Vet	
Insurance		Landlord	

***Having an accessible Home Emergency Grab Bag is the best way to deal with the unexpected, it may also help you to feel better prepared.**



Light - Torch (battery or wind up) and spare batteries

Communication - Mobile telephone and charger. Radio (battery, wind up, car) with spare batteries, pen, paper

Health - First aid kit, basic medicines, spare medication, blankets, warm clothes, basic toiletries.

Food and drink - Ready to eat food, tinned food (opener), baby food, pet food, bottled water

Important items for you, such as - Insurance documents, pet Insurance, passports and bank cards

Looking after elderly, young, and vulnerable people

- Ensure that older people stay warm (layered clothing, hats, gloves, socks) and well fed, ensure that you have plenty of spare medication and access to medical advice. Check on elderly and less able friends and neighbours. Bored children can be an additional challenge, basic books and games will be useful.
- If you are a childminder or carer, you may find yourself looking after additional children or adults, who will also need to be cared for until the emergency is over.
- If you have pets, they will need to be fed and cared for.

Other important things for us to remember

